



# ABOYNE LODGE

CREATIVE • CURIOUS • CARING

WEEKLY BULLETIN

FRIDAY 6th MAY 2022



## MESSAGE FROM THE HEAD

Hopefully everyone in the community had a lovely extended weekend last week and managed to enjoy the Bank Holiday. Unfortunately we were closed to Nursery and Reception children yesterday as a result of the local elections. I recognise that this would have caused childcare issues for some families. Should similar events happen again next year, we'll do our best to inform parents of any disruption as early as possible.

Last weekend Sienna in Year 4 became one of the youngest Black Belts in Taekwondo in Europe. This is a fantastic achievement and something to be celebrated. She has been added to the wall of fame where we celebrate the achievements of pupils both past and present. If your child has an achievement that you would like to be shared, please send in a photo and a bit of blurb, and I'll happily add them. Likewise, if you know of any former pupils who have gone on to do something interesting, attended a top university or had a successful career, we'd love to hear from you.

This week Year 6 went to St Albans Abbey to learn about the story of St Albans and watch a puppet show. We are very lucky to have such a fantastic place on our doorstep. This week I was reading that a pair of peregrine falcons were nesting there, so keep an eye out for them soaring around the local area.

Over the next few weeks spare a thought for our Year 2 and Year 6 pupils. It is that time of year when they are completing the National Curriculum tests. It can be a stressful time for children (even more so with the older ones), but try not to put them under too much pressure and make sure they get plenty of rest. Of course, we want the children to do well but not at the expense of their well being. At the end of the day we are proud of the children here, they are all amazing in lots of different ways so whatever the result, we know they will all try their best.

Have a lovely weekend

Warmest wishes,

Mr Smithard

## HOT CHOCOLATE FRIDAY

*Congratulations to the following children (They will get their hot chocolate on Monday):*

Y1 Sam, Y2 Florence, Y3 Tom,  
Y4 Lois, Y5 Gracie, Y6 Sara

## LEARNING POWERS CERTIFICATES

Super Squirrel (Resourcefulness):  
Cyrus Y6, Jordan Y1, Nancy Y4, Charlie Y5

Tough Tortoise (Resilience):  
George Y3, Crystal Y2

Buddy Bee (Reciprocity): Rae (Rec)

## UPCOMING EVENTS

Mon 9th May—SATs week (Y6)

Mon 16th May—Y6 Residential Trip

Fri 20th May—Y3 Sharing Assembly

23rd—27th May—Aboyne Goes Outdoors

Fri 27th May—Queen's Jubilee Picnic

Mon 6th—10th June—Jubilee Week

BOOK OF THE WEEK

### Sharing a Shell By Julia Donaldson Recommended by Asha Y1



“A crab wants a shiny new shell to himself and he doesn’t want to share it. But soon he realises that it’s even better to share.”

### MESSAGES FROM THE OFFICE

#### Gateway

You may have noticed a ‘New’ Aboyne Lodge account on Gateway, please do not worry! We are slowing moving MIS systems. Please log out and log back in again, for now that is all you need to do. If you have any questions please contact us on [admin@aboyne.herts.sch.uk](mailto:admin@aboyne.herts.sch.uk)

#### Uniform Orders

Time to start thinking ahead to September, if you require any uniform please get the orders in.

## Enjoy the outdoors but ‘be tick aware’ this Spring

### 1. WHAT IS A TICK?

**Ticks** are small, spider-like creatures that feed on the blood of animals, including people.

**The** size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

#### Tick in the environment



### 2. WHERE DO YOU FIND TICKS?

**Ticks** live in many habitats but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

**Ticks** don’t fly or jump. They wait on vegetation for a host to pass by, and then climb on.

**They** bite and attach to the skin and feed on blood for several days, before dropping off.

**Ticks** are found throughout the year, but are most active between spring and autumn

#### Tick attached to skin



### 3. HOW TO AVOID TICKS

**Walk** on clearly defined paths to avoid brushing against vegetation

**Wear** light-coloured clothes so ticks can be spotted and brushed off

**Use** repellents such as DEET

**Carry** out a tick check

### 4. HOW TO DO A TICK CHECK

**Check** clothes and body regularly for ticks when outdoors and when you get home

**Check** children and pets as well

**Areas** that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline.

**Adults** are commonly bitten on the legs

**Children** are commonly bitten on the head or neck area

**Bites** can occur anywhere on the body and more than one tick can be attached at one time

### 5. IF YOU HAVE BEEN BITTEN

**Remove** ticks as soon as possible

**Use** a pair of fine-tipped tweezers or a tick removal tool.

**Grasp** the tick as close to the skin as possible and pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection

#### Tick removal with tweezers



**Clean** the bite area and monitor it for several weeks for any changes.

**Ticks** can transmit bacteria that cause diseases such as Lyme disease.

**Contact** your GP promptly if you feel unwell with flu-like symptoms or Develop a spreading circular red rash - tell them you were bitten by a tick or have recently spent time outdoors

#### Lyme disease bullseye rash

