



ABOYNE LODGE

CREATIVE • CURIOUS • CARING

WEEKLY BULLETIN

Friday 8th December '23



MESSAGE FROM THE HEAD

The Year 6 children had their last session with Watford FC this week. The 10-week positive minds course combines classroom and practical based activities to engage Year 6 students in the topic of mental health. The aim is for children to understand what mental health is and what it means to them. It also supports the children with coping strategies that are specific to them as individuals and encourages the children to identify their support networks. It is a really positive course and we hope to be working with them again next year.

Ruth Clinton held her last coffee and chat session as SENCO at the school this week. It was good to see everyone there. We are fortunate to have an Educational Mental Health Practitioner based at Aboyne once a week, who attends the meetings. Up until now Carolyn has been working with us although I am sad to say that she is moving back up to Manchester shortly.

I am pleased to say that Sarah Griffith will be taking over. The teams remit is for early education based intervention for children with emerging mental health needs - please reach out if you need any support.

Today, our Year 3 and 4 musicians played to the school alongside the choir who sang some Christmas songs to bring the festive spirit. It amazes me how well they are all coming on and how confident they are becoming, playing in front of a large crowd. Congratulations to all of the children who took part.

I enjoyed seeing the bug hotels coming into Year 6 this week and it was also good to see Kelly Scanes in school briefly for a Y2 handover on Thursday. Next week we have lots going on including the orchestra assembly, nativity shows and the trip to the panto.

Have a lovely weekend!

EFFORT CERTIFICATES

Imogen & Jonathan (Y6) Tom & Alyssa (Y5) Ella (Y4) Jordan & Ollie (Y3) Lottie (Y2)

HOT CHOCOLATE FRIDAY

Evelyn (Y6) Dylan (Y5)
Kalden (Y4) Aiden (Y3) Jack (Y2)
Quinn (Y1)

UPCOMING EVENTS

Mon 11th Dec—Orchestra Assembly (10am) & the Y5/6 party

Mon 11th Netball v Fleetville (A)

Tue 12th Dec—KS1 Dress rehearsal & Y5 football v Park Street (H)

Weds 13th - Reception Christmas Extravaganza (9:30am) & Christmas dinner

Thurs 14th—Mini-police assembly (9am) & whole school Panto trip.

Fri 15th KS1 Nativity performances (10am & 2pm)



The Children's Commissioner for England has recently launched 'The Big Ambition' to hear directly from children, young people and parents across the country.

We want to hear from all children, in every part of the country and in every setting.

This is your chance to tell key policymakers what is important to you ahead of the general election. Take part now and ensure your needs are reflected in the decisions that will affect you in years to come.

Scan the QR code to
take part



 **CHILDREN'S
COMMISSIONER**

www.childrenscommissioner.gov.uk/thebigambition





COMMUNITY GROUPS

MenUnited || No Judgement, Just Support

“We are Men, who are there for Men, about matters relating to Men”.

Course Information

Current Course Date: The 10th of January 2024 until the 28th of February 2024.

Duration: 8 Weeks.

When: Wednesday Evenings between 6:00pm and 8:00pm

How often: Courses will be running between January-February 2024, May- June 2024, September-October 2024, and December 2024-January 2025.

Location: IFST DARC 2, Greenhills Day Service, Tenzing Road, Hemel Hempstead, HP2 4HS.

Referral Form: If you are interested, please fill in the referral form via this link: <https://forms.gle/p1kbuTsBgoGw5Lfr8>.



Men’s Drop-In Group: We will also be running a Men’s Drop In Group on the first Monday of every month where all are welcome at Greenhills. You do not have to be part of the course to attend. If you are interested, please contact us via the contact information below.

Goals of the Course

The aim of this course is to empower men to take hold of not only their lives, but the lives of their children as well. Spanning 8 weeks, our interactive course hopes to enrich attendees with knowledge of various important topics ranging from mental health, specialist education needs, relationships and exploring ideas and concepts of what a man is, especially in an ever-changing society. In addition, we hope to give men a voice about various issues that can often be sensitive to talk about, challenge each other in healthy and constructive debate, and initiate insightful discussion in the context of the topics we will be covering. We hope that collaborating with external agencies and guest speakers, as well as using our own expertise, will enhance learning, and provide increased opportunities for men to access or be informed of professional and community support available.



If you have questions or queries, do not hesitate to contact us via our contact details below:

Henry Lee-Brenchley: Henry.Lee-Brenchley@hertfordshire.gov.uk || 07815 483069

Kingsley Davis: Kingsley.Davis@hertfordshire.gov.uk || 07866 225086





www.stalbansdistrict.foodbank.org.uk

St Albans & District Foodbank

**We are open for food collection at
the following times and locations:**

St Albans

Vineyard Church, 7 Brick Knoll Park. AL1 5UG Monday 10:00-12:00

Christ Church, 3 High Oaks, AL3 6DJ - Tuesday 1.00 - 3.00

Cottonmill Community Centre, Old Oak, Cottonmill Lane, AL1 2EF - Wednesday 1.00 - 3.00

Caledon Community Centre, Caledon Road, London Colney, AL2 1PU - Friday 10:00 - 12:00

Dagnall St Baptist Church, Dagnall Street, AL3 5EE - Saturday 1:30 to 3:30 - (from 15th April 2023)

Wheathampstead

Hillydike Community Centre, 17 Hillydike Road, AL4 8TU - Thursday 12.30 - 2.30

Harpenden

Crabtree Church, 139 Crabtree Lane, Harpenden, AL5 5RD - Friday 1.00 - 3.00

Redbourn

Redbourn Methodist Church, North Common, AL3 7BU - Monday 2:00 - 3:30

To donate food to us please visit our website:
www.stalbansdistrict.foodbank.org.uk/give-help/donate-food

Please call **01727 613019** - option 1 or email
info@stalbandsdistrict.foodbank.org.uk
for more information



Charity Number: 1158917

